



## Course Description

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# PERSONAL SUPPORT WORKER (PSW) COURSE MODULES

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## P.S W Course Outline

### Modules

- **The roles and responsibilities of the support worker**
  - The Canadian healthcare system
  - Workplace setting
  - Ethic
  - Legislation
  - Health wellness, illness and disabilities
  - Culture and diversity
  - Stress management
  - Communication
  - Team work
  - Working with clients and families
  - ABUSE PREVENTION
  - CAREER OPPORTUNITIES



- **Providing and promoting safe care**
  - Providing oxygenation
  - Heat and cold application
  - Caring for infants and their parents, the young and older persons
  - Home managements
  - Medication/ safe medication administration



- **Assisting clients with basic care needs**
  - Personal hygiene
  - Grooming and dressing
  - Preventing infection
  - Safety
  - Beds and bed making
  - Skin care
  - Promoting client comfort pain management and sleep
  - Measuring height weight and vital signs
  - Medical terminologies
  - Planning report and recording client care



- **Assisting clients with nutrition and elimination**
  - Nutrition and fluids
  - Iv therapy
  - Urinary elimination
  - Bowel elimination



## 5. Behavior crisis management

- Behavior
- Crisis
- Management Dealing with controlling things
- Prevention Stopping **from happening**
- de-escalation
- Escalation



## 6. Body mechanism and movement

- Body mechanics
- Exercise and activity
- Rehabilitation and restorative care



## 7. First aid and CPR level C



- First Aid treatment
- Cardio Pulmonary Resuscitations

## **8. Food safety food handler**

- Assisting with feeding
- Meal preparation



## **9. Gentle persuasive approach**

Foster Communication

Enhance Documentation

Achieve better outcomes for the patients and their family.



## 10. Integrating palliative approach

- End of life care
- Assisting the dying person



## 11. Understanding body systems and disorders

- Growth and developments
- Body structure
- Common diseases and disorder
- Hearing and vision disorders
- Speech and language disorder
- Developmental disorders and disability
- Mental health disability



## 12. Long term home practicum 160 hours



### 13. Community practicum 80 hours

