

Course Description

PERSONAL SUPPORT WORKER (PSW) COURSE MODULES

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P.S W Course Outline

Modules

- **The roles and responsibilities of the support worker**
 - The Canadian healthcare system
 - Workplace setting
 - Ethic
 - Legislation
 - Health wellness, illness and disabilities
 - Culture and diversity
 - Stress management
 - Communication
 - Team work
 - Working with clients and families
 - ABUSE PREVENTION
 - CAREER OPPORTUNITIES



- **Providing and promoting safe care**
 - Providing oxygenation
 - Heat and cold application
 - Caring for infants and their parents, the young and older persons
 - Home managements
 - Medication/ safe medication administration



- **Assisting clients with basic care needs**
 - Personal hygiene
 - Grooming and dressing
 - Preventing infection
 - Safety
 - Beds and bed making
 - Skin care
 - Promoting client comfort pain management and sleep
 - Measuring height weight and vital signs
 - Medical terminologies
 - Planning report and recording client care



- **Assisting clients with nutrition and elimination**
 - Nutrition and fluids
 - Iv therapy
 - Urinary elimination
 - Bowel elimination



5. Behavior crisis management

- Behavior
- Crisis
- Management Dealing with controlling things
- Prevention Stopping from happening
- de-escalation
- Escalation



6. Body mechanism and movement

- Body mechanics
- Exercise and activity
- Rehabilitation and restorative care



7. First aid and CPR level C



- First Aid treatment
- Cardio Pulmonary Resuscitations

8. Food safety food handler

- Assisting with feeding
- Meal preparation



9. Gentle persuasive approach

Foster Communication

Enhance Documentation

Achieve better outcomes for the patients and their family.



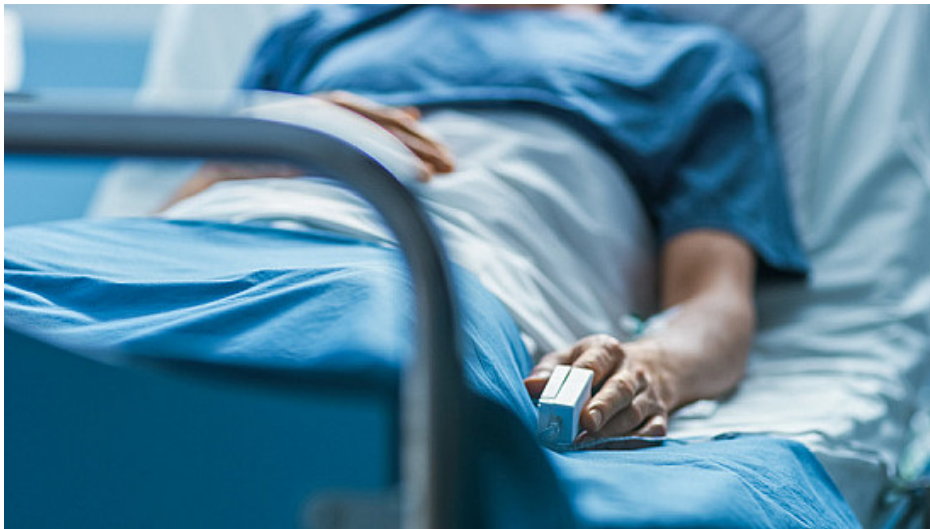
10. Integrating palliative approach

- End of life care
- Assisting the dying person



11. Understanding body systems and disorders

- Growth and developments
- Body structure
- Common diseases and disorder
- Hearing and vision disorders
- Speech and language disorder
- Developmental disorders and disability
- Mental health disability



12. Long term home practicum 160 hours



13. Community practicum 80 hours

